

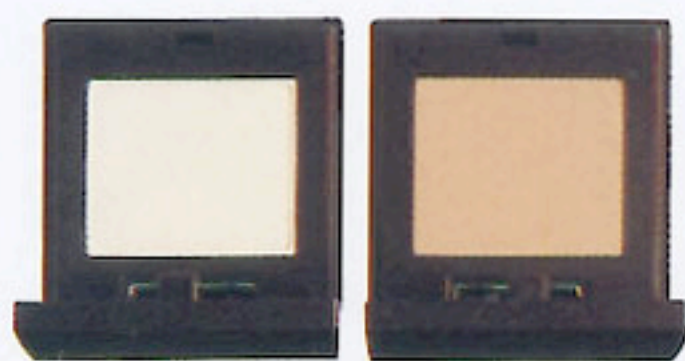
FIONA JOLLY

THIS MONTH, FIONA JOLLY EXPLAINS HOW TO COMBAT WRINKLES, WAKE UP TIRED-LOOKING EYES AND MAKE THIN LIPS LOOK LUSCIOUSLY FULL



EYES WIDE OPEN

Here's a trick I use on tired eyes. Blend light concealer at the outer corners to open eyes up, then sweep a soft-pink powder blusher under them to add colour to the dark areas. Try Mac Powder Blush in Well Dressed, above left, £12.



SMOOTH OPTION

Metallic eyeshadow on older skin can put wrinkles on dazzling display. Avoid this unflattering look by choosing neutral, matt shades, which don't reflect the light or collect in grooves. Try Laura Mercier Eye Colours in Buttercream, above left, and Caramel, above right, £13.50 each.

FIVE OF THE BEST

There are so many mascara formulas around that finding the right one for you can be a long process. Here is my pick of the crop to help shorten the hunt:

- 1 Christian Dior Long' Optic Mascara in GreenOptic, £14.50.** The lengthening formula seems to stretch lashes, and this dark-green shade is fabulous for enhancing all eye colours.
- 2 Kanebo Styling Mascara (Volume) in Black, £14.95.** The little brush is perfect for getting to the roots.
- 3 Dr. Hauschka Mascara in Black, £18.** This is great for sensitive eyes because it's free from artificial colour, fragrance and preservatives.
- 4 Linda Cantello Elastic Lash in Black, £15.** Gives full, long lashes which look very glossy.
- 5 Lancôme Amplicils Full Dimension Volume Mascara in Noir Panoramic, £15.** Perfect for creating full, thick lashes.



BEAUTY SPOT OF THE MONTH

Aveda's new Urban Retreat Lifestyle Salon and Spa in London's Covent Garden is a haven of pampering. It also sells the company's plant-based cosmetics including my favourite products, Cooling Calming Color, below right, an eye and cheek tint, and Calming Composition, below far right, a body oil that can also be used on your hair. Both cost £17. Call 020-7759 7350 for details, or visit the Salon and Spa at 174 High Holborn, London WC1.



POUT PLUMPER

If you crave a bee-stung pout like Angelina Jolie's but your lips aren't naturally as full as hers, try my quick plumping tip: Outline your lips slightly above and below the natural lipline with a neutral lip pencil (right), then fill in the lips with a sheer, rosy lip colour. Finish with a dab of gloss in the middle of both lips (far right). This creates the illusion of fullness and a perfect cupid's bow. To get this look, I recommend Bobbi Brown Essentials Lip Liner in Nude (top left), £9.50, Giorgio Armani Lipstick in No 12 (middle left), £14, and Clarins Sheer Gloss in Crystal (bottom left), £9.

