



STOP WRINKLES NOW

Our search for the ultimate anti-ageing cream may finally be at an end. Shiseido's latest skincare miracle, Future Solution, has harnessed a new invisible gel capsule made from sea algae that delivers nourishing and repairing benefits deep into the skin, helping it to produce more of its own collagen (for firmness) and hyaluronic acid (for moisture). At £130 it's not cheap, but forget those highly impractical shoes you've been hankering after and invest in a youthful complexion instead.

Instant skin revival

The new must-try facial is the RVB's Light Life treatment. It uses ultrasound to determine your skin's needs, then an electronic mist delivers a tailor-made cocktail of vitamins, proteins and enzymes deep into the skin during a manual lymphatic massage to drain skin of toxins. It costs £65 an hour. For your local therapist call 01282 616611.



BROWNIE POINTS

*Valentine's Day is coming and this little gift would put you in my good books for weeks, dare I say, months. The sensual scent of an intoxicating type of jasmine flower, known as the 'perfume of love' in ancient traditions, is said to drive men crazy with desire. With that on, I may not feel the need to wear any clothes...

*Cut out and leave somewhere your partner will find it. We're sure he'll take the hint



MAKE-UP MAESTRO FIONA JOLLY



I have been frantically trying to get ready for my annual skiing trip. It's hard staying gorgeous

while zipping down a mountain – or during blustery wintery days in Britain, come to think of it. That's why, to keep my hair from getting out of control, I always use a conditioning treatment with a sun-shield. I simply apply **Paul Yacomine Mini-Micro Screening Oils, £7.50**, to wet hair.

Before putting on your gloves, use **Kiehl's Intensive Treatment and Moisturizer, £21.50**; and don't forget **Mycoal Hand and Feet Warmers, from £5.95**, from Snow + Rock.

Recently a friend introduced me to a fabulous do-it-all holistic cream that works wonders on dry, red, patchy skin, **Nelsons Calendula Cream, £3.95**, available from Boots. Use it after winter walks or to combat the effects of office air conditioning.

Let's not forget the perfect après ski make-up (even if you're not hitting the slopes, it's nice that people think you've just spent the week in Zermatt) – think radiant skin with a hint of goggle marks. Start with **Chantecaille Real Skin SPF 30, £42**, from Space NK (it's as important to have an SPF off the piste as on). Then brush **Guerlain Terracotta Bronzing Powder, £22**, across the cheeks, nose, forehead and chin. On the apples of the cheeks and eyelids use a pale pink blusher – my favourite is **MAC Powder Blush in Pink Glow, £12**.

I recommend tinting lashes before a skiing trip to avoid the misfortune of smudged mascara. Keep lips a sheer pale pink – I'm never without **Clinique Moisture Sheer Lipstick in Pink Charm, £11.50**. Must fly, Aspen's calling.

Top celebrity make-up artist Fiona Jolly has been in the beauty industry for 12 years.